



Quality Foundations Childcare  
BELONGING ENGAGEMENT WELL BEING EXPRESSION

# Quality Foundations Childcare

Welcome to **Quality Foundations Childcare** and to our infant classroom. We look forward to getting to know your family in the years to come!

As our first step in our journey with your family we ask that you outline your infant's daily schedule as clearly as possible. While we won't be able to replicate your home setting/routines as wonderfully as you do, we will make our best effort to try.

Please have a look at our menu; your child can (with your consent) have our catered lunches, which would be pureed for him/her if necessary.

**Children that are 12 months and younger will be placed on their backs to sleep, for every sleep, to reduce risk of SIDS as per joint statement of safe sleep, published by the Public health Agency of Canada. Due to potential suffocation, infants are not allowed blankets in their cribs. Sleep sacs are acceptable.**

### Daily Routines:

Please share with us his/her sleep schedule, feedings (bottle, snacks, quantity etc) keep us posted as you introduce new foods or discover any sensitivities.

### Approximate Drop Off Time: \_\_\_\_\_

(Due to a strict 1:3 ratio please let us know on the app of changes to your schedule)

7:00 am	
8:00 am	
9:00 am	
10:00 am	
11:00 am	
12:00 pm	
1:00 pm	
2:00 pm	
3:00 pm	
4:00 pm	
5:00 – 6:00 pm	

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Foods my infant eats:

Food my infant does not eat:

Food restrictions for my infant:

**Food tolerance/ allergies:**

Additional information you would like to share about food/eating:

Sleep:

My child sleeps on his/her:

***(If under 12 months we require a doctors note to approve stomach placement when putting in the crib. If they roll onto their stomach, it is not a problem, but placement will be on their back until they are 12 months)***

Additional information you would like to share about sleeping: